Tie Dye Instructions

1) Choose an item made of cotton and white. 100% cotton works best. It is okay if it has words on it. (Shirt, socks, pillow case, bandana, etc.)

2) Select your design. See back of page for different design ideas for your cloth item. Place rubber bands as instructed.

3) Get your fabric damp by dipping it into water. Be sure to wring out well.

4) Wear gloves and old clothing including shoes that could potentially be dyed. Dye will eventually come off of skin if you get it on you. If you get on clothing immediately take off and rinse with cold water and detergent.

5) Take your dye and wet cloth item to an outside area, preferably with grass/dirt. If you have a metal cooling rack, you can place it over a bucket and put your shirt on there to catch any dripping dye. You will have a limited amount.

6) Mix dye by filling the provided bottles with water and shaking well. The dye is already in the bottle.

7) Carefully poor dye onto fabric. Do not add so much dye that it is dripping, but you want to thoroughly cover all the showing white fabric, making sure to get into any crevices of cloth. You can select where you put each color.

8) When content with where you have placed dye, let it sit for a minute to allow any extra dye to drip off. Then place in zip lock bag and let sit for 24 hours.

9) You may want to wear gloves again for this step to avoid staining hands. After 24 hours take the rubber bands off. To avoid colors bleeding over, you can hang your shirt to dry completely in the sun before rinsing in cool water until water runs clear.

10) After rinsing, wash alone on cold cycle in washing machine (colors could still come out). It may be a good idea to run an empty load before washing other clothes to avoid dye transfer to other clothes.
Tie Dye Design Instructions

Bulls Eye - Lay fabric flat and decide where you want the middle of the bullseye to be. Pinch the fabric in that selected area and pull up. Place rubber bands along the item to create sections. Be sure rubber bands are tight so that dye will not seep under them. You can make multiple bulls eye patterns on your project.

Swirl - Pinch the area of fabric where you want your swirl to begin. Twirl the fabric around where you pinched, keeping it flat, until you cannot any more. It should look kind of like a cinnamon roll. Place rubber bands across the item in an x to hold item together and to sections off where to place colors. More rubber bands will keep the